# Stephan J. Troyanovich, D.C.

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#### **Professional Accomplishments**

#### **Practice:**

09/87 to Present

Private Practice, Bloomington-Normal, Illinois

08/88 to 11/92

Team Physician

Central Catholic High School Football Saints

Bloomington, Illinois

10/89 to 10/92

Pre-employment Examining Physician

Wildwood Industries, Inc. Bloomington, Illinois

#### **Academic & Professional Appointments:**

01/16 to Present

Continuing Medical Education Planning Committee

Central Illinois Neuroscience Foundation

Bloomington, Illinois

01/00 to 12/04

Post-graduate Faculty

Dept. of Continuing Education National College of Chiropractic

Lombard, Illinois

01/00 to 12/00

Post-graduate Faculty

Dept. of Continuing Education

University of Bridgeport College of Chiropractic

Bridgeport, Connecticut

01/96 to 01/97

Post-graduate Faculty

Dept. of Continuing Education Life College of Chiropractic-West

San Lorenzo, California

#### Academic & Professional Appointments (continued):

09/93 to 12/99 Post-graduate Faculty

Dept. of Continuing Education Life College of Chiropractic

Marietta, Georgia

05/91 to 05/92 Special Consultant to the International Chiropractic

Association's Committee on Protocols of Care

07/89 to 12/99 Certified Instructor

Chiropractic Biophysics Seminars, Inc.

Harvest, Alabama

05/09 to 12/14 Speaker Corp

Foot Levelers, Inc. Roanoke, Virginia

#### **Publishing Appointments:**

08/18 to Present Editorial Advisory Board

Journal of Contemporary Chiropractic

Parker University

09/10 to 06/16 Editor in Chief

Chiropractic History

Association for the History of Chiropractic

08/09 to 09/10 Editor in Chief

**Bulletin Newsletter** 

Association for the History of Chiropractic

08/00 to 12/04 Editorial Advisory Board

Chiropractic Economics Ponte Vedra Beach, Florida

08/99 to 12/01 Editorial Advisory Board

Chiropractic Technique

National College of Chiropractic

03/98 to 12/04 Referee of Scientific Manuscripts

Journal of Manipulative and Physiological Therapeutics

National College of Chiropractic

#### **Directorships & Offices Held:**

06/16 to Present Secretary

Association for the History of Chiropractic

Rock Island, Illinois

05/10 to 06/13 Director

Association for the History of Chiropractic

Rock Island, Illinois

04/93 to 05/00 Secretary

Chiropractic Biophysics, Non-Profit, Inc.

Harvest, Alabama

06/92 to 05/00 Director

Chiropractic Biophysics, Non-Profit, Inc.

Harvest, Alabama

11/91 to 11/92 Vice-president

McLean County Chiropractic Association

McLean County, Illinois

11/88 to 11/91 President

McLean County Chiropractic Association

McLean County, Illinois

#### **Research Appointments & Positions:**

02/01 to 01/07 Adjunct Research Faculty

Dept. of Research

Life Chiropractic College West

Hayward, California

11/10 to Present Chairman, Research Committee

Central Illinois Neuroscience Foundation

Bloomington, Illinois

11/99 to Present Research Committee Member

Central Illinois Neuroscience Foundation

Bloomington-Normal, Illinois

06/98 to Present Physician Researcher

Central Illinois Neuroscience Foundation

Bloomington, Illinois

#### **Affiliations:**

Association for the History of Chiropractic

Illinois Prairie State Chiropractic Association

Illinois Chiropractic Society

#### **Education:**

Palmer College of Chiropractic, Davenport, Iowa 06/87

Doctor of Chiropractic, Cum Laude

Illinois State University, Normal, Illinois 05/84

Awards:	
05/87	Commitment to Excellence Award Pettibon Spinal Biomechanics Club Palmer College of Chiropractic
09/94	Chiropractor of the Year Chiropractic Biophysics, Non-Profit
03/95	Adopt-A-Doctor Award Class 951 Palmer College of Chiropractic
02/99	Commitment to Excellence Award Chiropractic Biophysics Club Palmer College of Chiropractic
05/03	Best Paper Presentation Association for the History of Chiropractic Annual Conference on Chiropractic History

Best of 2014 Award 01/14

> Chiropractors & Chiropractic Services Town of Normal Award Program

"10 Best" Patient Satisfaction Award 01/16

American Institute of Chiropractors

Rademacher WJ, **Troyanovich SJ**. Maintaining the identity of chiropractic as a drug-free health care profession. J Philosophy, Principles & Pracice of Chiropractic. 2016; 31 October: 11-38.

**Troyanovich S**, Troyanovich J. Do the clothes make the healer? A history of physician attire from prehistoric times to the present with implications for current practice. Chiropractic History. 2015;35(1):47-57.

**Troyanovich S**, Troyanovich J. Reflections on the birth date of chiropractic. Chiropractic History. 2013;33(2):20-32.

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**Troyanovich SJ.** Commentary: A patient with midthoracic back pain and dysphagia: a case report. International J Ther Rehab. 2012;19(1):57.

**Troyanovich SJ**, Miller KJ. A clinical study of fluctuating asymmetry and leg length inequality. Annals of Vertebral Subluxation Research. 2011; Sept 12:92-98.

**Troyanovich S**, Troyanovich J. Bloomington-Normal, Illinois: A chiropractic tale of two cities. Chiropractic History. 2010;30(2):49-64.

Agocs S, Miller KJ, **Troyanovich S**. An abridged history of chiropractic extremity care. Chiropractic History. 2010;30(2):17-24.

**Troyanovich S.** A moment of silence for Russell W. Gibbons, B.A., F.I.C.A., D.C. (hc), Litt.D. (hc). Chiropractic History. 2010;30(2):11-12.

**Troyanovich SJ.** Finding Langworthy: The final chapter of a personal quest. Chiropractic History. 2008;28(2):7-11.

**Troyanovich SJ**, Keating JC. Wisconsin versus Chiropractic: The Trials at LaCrosse and the Birth of a Chiropractic Champion. Chiropractic History. 2005;25(2):37-45.

**Troyanovich SJ**, Coleman RR. Origins of the use of mechanical traction for reduction of the chiropractic subluxation. Chiropractic History. 2004;24(2):1-10.

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**Troyanovich SJ**, Gibbons RW. Finding Langworthy: The last years of a chiropractic pioneer. Chiropractic History 2003;23:9-17.

Coleman RR, Hagen JO, **Troyanovich SJ**, Plaugher G. Lateral cervical curve changes in patients receiving chiropractic care after a motor vehicle collision: A retrospective case series. Journal of Manipulative and Physiological Therapeutics. 2003;26:352-355.

**Troyanovich SJ**, Buettner M. A structural chiropractic approach to the management of diffuse idiopathic skeletal hyperostosis. Journal of Manipulative and Physiological Therapeutics. 2003;26:202-206.

**Troyanovich SJ**, Stroink AR, Kattner KA, Dornan W, Gubina I. Does anterior plating maintain cervical lordosis versus conventional fusion techniques? A retrospective analysis of patients receiving single-level fusions. J Spin Disord Tech 2002;15:69-74.

Harrison DE, Harrison DD, **Troyanovich SJ**, Harmon S. A normal spinal position: It's time to accept the evidence. Journal of Manipulative and Physiological Therapeutics 2000;23:623-644.

**Troyanovich SJ**, Harrison DE, Harrison DD, Harrison SO, Janik T, Holland B. Chiropractic biophysics digitized radiographic mensuration analysis of the anteroposterior cervicothoracic view: A reliability study. Journal of Manipulative and Physiological Therapeutics 2000;23:476-482.

Harrison DE, Harrison DD, Cailliet R, **Troyanovich SJ**, Janik TJ, Holland B. Cobb method or Harrison posterior tangent method: Which to choose for lateral cervical radiographic analysis. Spine 2000;25:2072-2078.

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### **Chapters Contributed to Books:**

Harrison DD, **Troyanovich SJ**. Chiropractic biophysics technique. In: Lawrence D, ed. Advances in Chiropractic Vol. IV. St. Louis, Mo.: Mosby 1997.

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Robertson GA, **Troyanovich SJ**. Spinal manipulative therapy: mechanisms and implications. In: Sweere J, ed. Chiropractic Family Practice. Gaithersburg, Maryland. Aspen Publishers 1992.

Robertson GA, **Troyanovich SJ**. Soft tissue manipulation. In: Sweere J, ed. Chiropractic Family Practice. Gaithersburg, Maryland. Aspen Publishers 1992.

#### **Published Books:**

**Troyanovich SJ.** Structural rehabilitation of the spine and posture: A practical approach. Huntington Beach, CA. MPAmedia 2001.

**Troyanovich SJ**. The Secret to Getting Medical Referrals: A Complete Marketing Program for Getting the Medical Referrals You Deserve. Volume II. Normal, IL. Stephan J. Troyanovich, DC 2000.

**Troyanovich SJ**. The Secret to Getting Medical Referrals: A Complete Marketing Program for Getting the Medical Referrals You Deserve. Volume I. Normal, IL. Stephan J. Troyanovich, DC 1999.

Harrison DE, **Troyanovich SJ**, Harrison DD. The Lumbar Spine, Structural Assessment and Rehabilitation: The Chiropractic Biophysics® Approach. Harvest, AL. Donald D. Harrison & Sanghak O. Harrison 1998.

**Troyanovich S.** The Chiropractor's Survival Manual. Normal, IL. Steve Troyanovich, DC 1997.

**Troyanovich S,** Hansen DJ. Chiropractic Care for the Pregnant Patient. Normal, IL. Advanced Chiropractic Publications 1992.

# **Publications (Non-peer Reviewed Journals):**

**Troyanovich S.** Vertebral Subluxation: Give Credit Where Credit Is Due. Dynamic Chiropractic 2018;36(11)59-62.Digital Edition.

**Troyanovich S.** Do chiropractors diagnose and treat disease? How the controversy began. Dynamic Chiropractic 2018;36(5)Digital Edition.

**Troyanovich S.** 3-2-1 Treatment Schedules: What Did DD Palmer Do? Dynamic Chiropractic 2017;35(12).

**Troyanovich S.** Happy birthday, chiropractic! But perhaps not this month. Dynamic Chiropractic 2017;35(9).

**Troyanovich S.** Was chiropractic philosophy created as a ruse to beat the law? Dynamic Chiropractic 2017;35(6).

Coleman RR, **Troyanovich SJ.** Spinal exercise in rehab. The American Chiropractor 2005;27(10).

Coleman RR, **Troyanovich SJ.** Lack of spinal movement. The American Chiropractor 2005;27(9).

Coleman RR, **Troyanovich SJ.** Case report: Lumbar disc lesion with altered lordosis. The American Chiropractor 2005;27(8).

Coleman RR, **Troyanovich SJ.** A brief history of lumbar traction in chiropractic rehabilitation. The American Chiropractor 2005;27(6).

Coleman RR, **Troyanovich SJ.** How to measure successful curve restoration. The American Chiropractor 2005;27(5).

Coleman RR, Troyanovich SJ. One simple approach to exercise. The American Chiropractor 005;27(4).

Coleman RR, **Troyanovich SJ.** Rehab made simple. The American Chiropractor 2005;27 (3).

Coleman RR, Troyanovich SJ. A discussion with old friends. 2005;27(2).

Seaman D, Troyanovich S. The forward head posture. Dynamic Chiropractic 2000;18(8).

Seaman D, **Troyanovich S.** The chasm between posture and chiropractic education and treatment. Dynamic Chiropractic 2000;18(1).

Troyanovich SJ. A novel idea. Am J Clin Chiro 1999;9(4):30.

**Troyanovich SJ**. Bone head advertising. Am J Clin Chiro 1999;9(4):21.

**Troyanovich SJ.** Is chiropractic treatment really no better than a \$1 pamphlet? Am J Clin Chiro 1999;9(3):6.

**Troyanovich SJ**. Getting MDs to refer to you. Am J Clin Chiro 1999;9(2):10-11.

Troyanovich SJ. Magnets or chiropractic? Am J Clin Chiro 1999;9(1):28-29.

Troyanovich SJ. "On purpose" but way out of line. Am J Clin Chiro 1999;9(1):1,8-9.

Harrison DE, Troyanovich SJ. What is a subluxation? Am J Clin Chiro 1998;8(4)18-20.

**Troyanovich SJ**. Can chiropractic care effect blood pressure? Am J Clin Chiro 1998;8 (3):21-22.

**Troyanovich SJ**. The effect of chiropractic care on PMS and dysmenorrhea. Am J Clin Chiro 1998;8(2):5,7.

**Troyanovich SJ.** "Be prepared": a motto for discussing chiropractic beyond the musculoskeletal realm. Am J Clin Chiro 1998;8(1):4-5.

**Troyanovich SJ**. Educating our medical counterparts—Part II. Am J Clin Chiro 1997;7 (4):1,6.

**Troyanovich SJ.** Building bridges: educating our medical counterparts with science, reason, logic. Am J Clin Chiro 1997;7(3):1,6.

Troyanovich SJ. Sudden insight. Am J Clin Chiro 1997;7(2):1,5.

Troyanovich SJ. Point-Counterpoint. Am J Clin Chiro 1997;7(1):18,19.

**Troyanovich S.** The Harrison spinal model: A chiropractic "lightning rod" for criticism. Dynamic Chiropractic 1996;14(25).

Troyanovich SJ. Is cervical extension traction dangerous? Am J Clin Chiro 1996;6(4):1,4.

Troyanovich SJ. Kyphosis is not a normal variant. Am J Clin Chiro 1996;6(3):1,4.

**Troyanovich SJ**. The clinical significance of CBP Non-profit, Inc. sponsored research. Am J Clin Chiro 1996;6(2):1,5.

**Troyanovich SJ**. Is chiropractic's moral compass in need of adjustment? Am J Clin Chiro 1996;6(1):1,4.

**Troyanovich SJ.** ASBE: The parade of fallacious arguments and dodges continue. Am J Clin Chiro 1995;5(4):9.

**Troyanovich SJ**. An open letter to Dr. Keith Innes of the Motion Palpation Institute. Am J Clin Chiro 1995;5(4):1,4.

**Troyanovich SJ**. ASBE's x-ray procedures are not valid and reliable. Am J Clin Chro 1995;5(3):21,27.

**Troyanovich SJ**. Guidelines for chiropractic quality assurance or . . . contradictions, inconsistencies & politics. Am J Clin Chiro 1995;5(2):1,4.

**Troyanovich SJ.** Yes, discs, joints, and muscles are all common sources of pain. Am J Clin Chiro 1995;5(1):9.

Troyanovich SJ. I don't believe in chiropractic! Am J Clin Chiro 1995;5(1):4,6.

**Troyanovich SJ**. Letters to insurance companies to stop IME cuts that utilize the Mercy guidelines. Am J Clin Chiro 1994;4(4):23.

**Troyanovich SJ**. Restoration of cervical lordosis: methods and relative effectiveness. Am J Clin Chiro 1994;4(4):15.

**Troyanovich SJ**. Intellectual sleight of hand and selective situational logic. Am J Clin Chiro 1994;4(4):5.

**Troyanovich SJ**. The truth about ABCs 20/20 program on chiropractic pediatrics. Am J Clin Chiro 1994;4(2):7.

**Troyanovich S.** Free lunch?: Check health system's menu prices. The Pantagraph 1994; May 3;A13.

**Troyanovich SJ**. The intervertebral disc: generator of most spinal pain. Am J Clin Chiro 1994;4(1):1,6.

**Troyanovich SJ**. Motion palpation: reliable clinical procedure or enigmatic myth. Am J Clin Chiro 1993;3(4):29,31.

**Troyanovich SJ**. Function dictates structure: A false premise in human biology. Am J Clin Chiro 1993;3(3):1,6.

**Troyanovich SJ.** Chiropractic Biophysics semi-annual convention: A forum for building bridges of understanding between DCs and the insurance industry. Am J Clin Chiro 1993;3(2):21.

**Troyanovich SJ**. Are health plans that arbitrarily limit chiropractic treatment in the best interest of anyone? Am J Clin Chiro 1993;3(1):9.

**Troyanovich SJ.** Perspectives of the national subluxation conference. American J Clin Chiro 1993;3(1):1,29.

**Troyanovich SJ**. Nerve root and spinal cord compression: A guide for clinical decisions for the chiropractic professional. Alabama J Clin Chiro 1993;2(4):22,29.

**Troyanovich SJ.** Does litigation affect the recovery of soft tissue injuries of the neck. J Clin Chiro 1992;2(3):18.

**Troyanovich SJ.** Chiropractic and obstetric practice: Forging a partnership for improved patient care. J Clin Chiro 1992:2(2):23.

**Troyanovich SJ.** Research personality corner—Articular Neurology—Featured: Barry Wyke, MD. J Clin Chiro 1992;2(1):21-22.

**Troyanovich SJ.** Vertebral subluxation: Are chiropractors modern day Don Quixotes "tilting at windmills?" J Clin Chiro 1992;2(1):3-5.

**Troyanovich SJ.** Abnormal posture: demonstrating the need for corrective procedures. J Clin Chiro 1991;1(3):2324.

Robertson G, **Troyanovich SJ**. Joint mechanoreceptors and pain modulation. J Clin Chiro 1991;1(2):22-23

Murphy D, **Troyanovich SJ**. Acceleration-deceleration collisions: Mechanism of injury & long term prognostic factors. J Clin Chiro 1991;1(1):4,13.

**Troyanovich SJ**. The federal trade commission and chiropractic. J Clin Chiro 1991;1 (1):1,3.

**Troyanovich S.** Predicting prognosis in soft tissue injuries of the cervical spine. Dynamic Chiropractic 1991;9(2).

**Troyanovich S.** Are vehicle damage and occupant injury always proportional?—Part II. Dynamic Chiropractic 1990;8(23).

**Troyanovich S.** Are vehicle damage and occupant injury always proportional? Dynamic Chiropractic 1990;8(21).

**Troyanovich S.** Chiropractic: America's most popular alternative health care. The Pantagraph 1990; January 22:E12.

#### **Professional References:**

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